

# JAMES P GILMOUR

## 10 RULES TO LIVE BY FOR A HAPPY LIFE



10 woodblock prints on Mura Koban Washi paper and mounted on 300 gsm Hahnemuhle paper.

Page size 21 x 14cm and housed in a bamboo box.

Limited to an edition of ten only

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TEN RULES TO  
LIVE BY FOR A  
HAPPY LIFE

JAMES P GILMOUR

LIMITED TO TEN  
BOX SETS ONLY

THIS BEING SET NUMBER:

1 / 10

EDITED IN COFFS HARBOUR, NSW  
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JPg '18

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LOOK TOUCH FEEL BREATHE

PRACTICE BEING HAPPY

TAKE TIME FOR YOURSELF

THINK BEFORE YOU ACT

DON'T LET OTHERS  
DRAG YOU DOWN

LIVE YOUR BEST LIFE

THERE IS NO SHOULD

GAIN EXPERIENCE BEFORE  
YOU NEED IT

TREAT YOUR BODY AS A TEMPLE

DON'T THINK TOO MUCH



LOOK TOUCH FEEL BREATHE  
(Stop to smell the roses)



7/10

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PRACTICE BEING HAPPY  
(Surely it can't be all bad?)

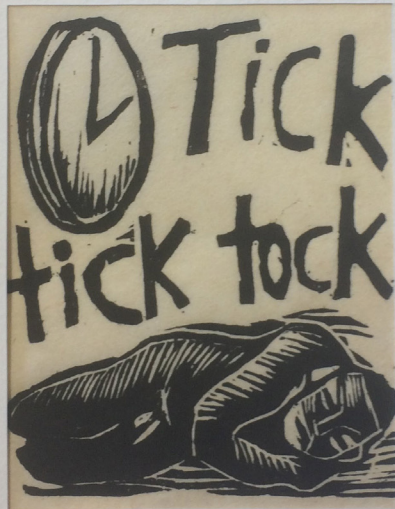


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TAKE TIME FOR YOURSELF  
(Great! MORE time to think)



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SPG '18

THINK BEFORE YOU ACT  
(There are no mistakes just choices)



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SPG '18



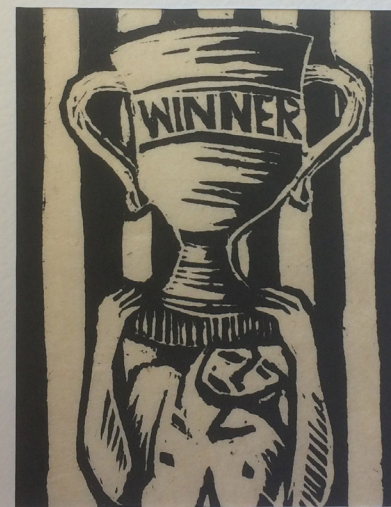
DON'T LET OTHERS  
DRAG YOU DOWN  
(It's usually their problem)



1/10

SPG '18

LIVE YOUR BEST LIFE  
(Do your best work, never second guess)



1/10

SPG '18



THERE IS NO SHOULD  
(But sometimes there is must)



1/10

JP4 '18

GAIN EXPERIENCE BEFORE  
YOU NEED IT  
(A stumble may prevent a fall)



1/10

JP4 '18



TREAT YOUR BODY AS A TEMPLE  
(Thank god I'm an athiest)



1/10

JP4 '18

DON'T THINK TOO MUCH  
(I can do that for all of us)



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JP4 '18